

**MET CHAPTER  
Committee on Aging Issues**

**At the next meeting of The Committee on Aging Issues...  
We will continue discussion of Sheryl Sandberg's book, "Option B" and we will also  
be discussing Oliver Sach's book "Gratitude".**

Also, there will be open discussion.  
If attendees do not read the books, they are still very welcome.  
Discussion is always very enlightening, enriching and interesting.

**DATE:** Sunday, March 11, 2018

**TIME:** 11 AM to 1 PM

Networking from 11 to 11:30 AM

Please try to be on time, as we begin the meeting promptly at 11:30 A.M.

**LOCATION:** Office of Helen Krackow,  
201 E. 28th Street (Suite 1D), off Third Ave., NYC

**Please RSVP to one of the Co-Chairs:**

Helen Krackow at (212) 683-1780 or

Henni Fisher at (718) 769-1635

Please leave your phone number and email address.

CLINICIANS OF ALL AGES ARE WELCOME